# HEALTH AND WELLBEING

# COONAMBLE APRIL HOLIDAY PROGRAM 2025



### **MONDAY 14**

Coonamble Aboriginal
Health Service
Walkabout Barber and
Coffee Van
Social and Emotional
Wellbeing Day
FREE BBQ LUNCH

Smith Park 8.30am-3.30pm

#### **TUESDAY 15**

Easter Egg Scavenger Hunt with Mission Australia

10am-12noon @ REDI.e Youth Centre

## **WEDNESDAY 16**

Healthy Bites to Eat with MacKillop Family Services

> 10am-12noon MacKillop Rooms

### **THURSDAY 17**

Easter Egg Hunt 0-5 year olds @ Coonamble Library

10.30am

### FRIDAY 18

GOOD FRIDAY HOLIDAY



# **MONDAY 21**

EASTER MONDAY HOLIDAY



## **TUESDAY 22**

Community Day with REDI.e - BBQ, Face Painting & Basketball

> 10am-3pm REDI.e Youth Centre

### **WEDNESDAY 23**

Fair Dinkum Choices ™
Healthy Lifestyle
Program
Facilitated by Fair Dinkum
Choices ™ & CAHS
Morning tea provided

10am-12noon REDI.e Youth Centre

## **THURSDAY 24**

Movies at the Library

10.30am -12.15pm



### FRIDAY 25

### **ANZAC DAY MEMORIAL**

Dawn Service: 6am at cenotaph Morning Service: 10.45am from RSL 11am: service at cenotaph